

## HOW TO NOT LOSE IT

James 1:19 (NIV) *My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry,*

### 1). Quick to Listen

### 2). Slow to speak

What do you think happens when you talk too much and listen too little?

2 Timothy 2:16 (NIV) *Avoid godless chatter, because those who indulge in it will become more and more ungodly.*

### 3). Slow to Become Angry

<sup>20</sup> *because human anger does not produce the righteousness that God desires.*

<sup>21</sup> *Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you.*

<sup>22</sup> *Do not merely listen to the word, and so deceive yourselves. Do what it says.*

<sup>23</sup> *Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror <sup>24</sup> and, after looking at himself, goes away and immediately forgets what he looks like.*

<sup>25</sup> *But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.*

<sup>26</sup> *Those who consider themselves religious and yet do not keep a tight rein on their tongues deceive themselves, and their religion is worthless.*

<sup>27</sup> *Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world.*

## **How to NOT lose it**

**1. Listen first.**

**2. Open the Word.**

**3. Do Something Eternal.**