## Flee – Follow – Find Hebrews 12:1-11

Let's each think of a time when something hard happened, but, later we saw something good come from it.

- I. Flee the Weight and Sin v1
  - A. Weight is not necessarily sin
  - B. Matthew Henry "darling sin"
  - C. Endurance toward God's plan
- II. Follow Jesus vv2-4
  - A. Looking to Jesus first means looking away from other things
  - B. Weary can mean a sudden loss of strength
  - C. We do struggle, but, of course, Jesus struggled more
- III. Find Peace vv5-11
  - A. God's discipline shows His Love
  - B. Discipline can mean education
  - C. Pain can bring peace

Knowing God has a plan gives us confidence during unsettling times.