

SLOWING DOWN

Luke 10:38 (NIV) *As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him.*

³⁹ *She had a sister called Mary, who sat at the Lord's feet listening to what he said. ⁴⁰ But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"*

⁴¹ *"Martha, Martha," the Lord answered, "you are worried and upset about many things, ⁴² but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."*

Why do we do what is GOOD instead of what is BETTER?

1. My significance comes from doing.
2. I have a people pleasing tendency.
3. I used busyness to ignore my feelings.

"the Devil's strategy is to deceive us is to introduce his thoughts into your mind and get you to believe they are yours." - Neil Anderson

Praise

give thanks to him and praise his name. - Psalm 100:4

Repent

"Repent and believe in the Gospel" –Mark 1:15

Ask

“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. -- Matthew 7:7-8

Yes

2 Corinthians 5:7 (ESV) *For we walk by faith, not by sight.*