

OVERCOMING THE ARDUOUS

Luke 19:29 (NIV) *As he approached Bethphage and Bethany at the hill called the Mount of Olives, he sent two of his disciples, saying to them, ³⁰ "Go to the village ahead of you, and as you enter it, you will find a colt tied there, which no one has ever ridden. Untie it and bring it here. ³¹ If anyone asks you, 'Why are you untying it?' say, 'The Lord needs it.' ³⁵ They brought it to Jesus, threw their cloaks on the colt and put Jesus on it. ³⁶ As he went along, people spread their cloaks on the road. ³⁷ When he came near the place where the road goes down the Mount of Olives, the whole crowd of disciples began joyfully to praise God in loud voices for all the miracles they had seen: ³⁸ "Blessed is the king who comes in the name of the Lord!" "Peace in heaven and glory in the highest!"*

^{NLT} Matthew 26:36 *Then Jesus went with them to the olive grove called Gethsemane, and he said, "Sit here while I go over there to pray." ³⁷ He took Peter and Zebedee's two sons, James and John, and he became anguished and distressed. ³⁸ He told them, "My soul is crushed with grief to the point of death. Stay here and keep watch with me." ³⁹ He went on a little farther and bowed with his face to the ground, praying, "My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine." ⁴⁰ Then he returned to the disciples and found them asleep. He said to Peter, "Couldn't you watch with me even one hour? ⁴¹ Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!" ⁴² Then Jesus left them a second time and prayed, "My Father! If this cup cannot be taken away unless I drink it, your will be done." ⁴³ When he returned to them again, he found them sleeping, for they couldn't keep their eyes open. ⁴⁴ So he went to pray a third time, saying the same things again. ⁴⁵ Then he came to the disciples and said, "Go ahead and sleep. Have your rest. But look-- the time has come. The Son of Man is betrayed into the hands of sinners. ⁴⁶ Up, let's be going. Look, my betrayer is here!"*

What would've changed if the disciples did NOT fall asleep?

3 ways to Overcome the Arduous:

1). He took...Friends

Vs. 37 *He took Peter and Zebedee's two sons, James and John, and he became anguished and distressed.*

2). He told...Needs

Vs. 38 *He told them, "My soul is crushed with grief to the point of death. Stay here and keep watch with me."*

3). He went...Father

- **Prayer #1: Your Will Be Done**

Matthew 26:39 (NIV) *Going a little farther, he fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will."*

- **Prayer #2: May You Give Me Success**

Matthew 26:42 (NIV) *He went away a second time and prayed, "My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done."*

- 1st prayer, Jesus prays *"My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will."*
- In the 2nd prayer, Jesus prays, *"My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done."*

- **Prayer #3: (Repeat)**

Matthew 26:44 (NIV) *So he left them and went away once more and prayed the third time, saying the same thing.*

Hebrews 12:2b (NIV) *For the joy set before him he endured the cross*