

## **GAS OR WATER?**

Examples of outrage: Acts 19:23-32; Luke 23:47

3 characteristics of righteous anger:

**1. It's always directed toward things that anger God.**

*"looked around at them with anger, grieved at their hardness of heart."* (Mark 3:5)

**2. It mirrors the way God is angry.**

**3. It submits to God's role as ultimate judge.**

*"Vengeance is mine, says the Lord."* (Romans 12:19)

Col. 3:7 (NIV) *You used to walk in these ways, in the life you once lived. <sup>8</sup> But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. <sup>9</sup> Do not lie to each other, since you have taken off your old self with its practices <sup>10</sup> and have put on the new self, which is being renewed in knowledge in the image of its Creator.... <sup>14</sup> And over all these virtues put on love, which binds them all together in perfect unity.*

### **5 ways to throw water on the outrage.**

**1. Peace**

*Let the peace of Christ rule in your hearts, since as members of one body you were called to peace.* - Colossians 3:15

**2. Thankfulness**

*And be thankful.* - Colossians 3:15b

**3. Word of God**

<sup>16</sup> *Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom* -Colossians 3:16

**4. Worship**

*through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.* -Colossians 3:16b

**5. Reflect on our Actions**

*And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.* -Colossians 3:17